

Study Tests Firefighter Turnout Gear With, Without PFAS

NC STATE

Wilson College News



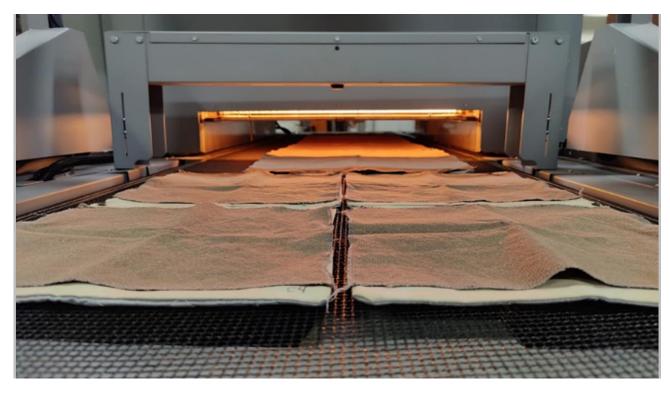
Bryan Ormond Asst Professor

Transitioning away from per- and polyfluoroalkyl substances (PFAS), which offer water- and oil-repelling properties on the outer shells of firefighter turnout gear, could bring potential performance tradeoffs, according to a new study from North Carolina State University.

The study showed that turnout gear without PFAS outer shell coatings were not oil-repellent, posing a potential flammability hazard to firefighters if exposed to oil and flame, said Bryan Ormond, assistant professor of <u>textile engineering</u>, <u>chemistry and science</u> at NC State and corresponding author of a paper describing the research.

"All oil repellents can also repel water, but all water repellents don't necessarily repel oil," Ormond said. "Diesel fuel is really difficult to repel, as is hydraulic fluid; in our testing, PFAS-treated materials repel both. In our tests, turnout gear without PFAS repelled water but not oil or hydraulic fluid.

"Further, oils seem to spread out even more on the PFAS-free gear, potentially increasing the hazard."



Researchers expose firefighter turnout gear to heat in equipment similar to a pizza oven.

Photo courtesy of Bryan Ormond, NC State University.

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PFAS chemicals – known as forever chemicals because of their environmental persistence – are used in food packaging, cookware and cosmetics, among other uses, but have recently been implicated in higher risks of



cancer, higher cholesterol levels and compromised immune systems in humans. In response, firefighters have sought alternative chemical compounds – like the hydrocarbon wax coating used in the study – on turnout gear to repel water and oils.

Besides testing the oil- and water-repelling properties of PFAS-treated and PFAS-free outer garments, the NC State researchers also compared how the outer shells aged in job-related exposures like weathering, high heat and repeated laundering, and whether the garments remained durable and withstood tears and rips.

The study showed that PFAS-treated and PFAS-free outer shells performed similarly after exposure to UV rays and various levels of heat and moisture, as well as passes through heating equipment – similar to a pizza oven – and through washing machines.







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"Laundering the gear is actually very damaging to turnout gear because of the washing machine's agitation and cleaning agents used," Ormond said.

"We also performed chemical analyses to see what's happening during the weathering process," said Nur Mazumder, an NC State doctoral student in <u>fiber and polymer science</u> and lead author of the paper. "Are we losing the PFAS chemistries, the PFAS-free chemistries or both when we age the garments? It turns out that we lost significant amounts of both of these finishes after the aging tests."

Both types of garments performed similarly when tested for strength against tearing the outer shell fabric. The researchers say the PFAS and PFAS-free coatings didn't seem to affect this attribute.

Ormond said that future work will explore how much oil repellency is needed by firefighters out in the field.

"Even with PFAS treatment, you see a difference between a splash of fluid and soaked-in fluid," Ormond said. "For all of its benefits, PFAS-treated gear, when soaked, is dangerous to firefighters. So we need to really ask 'What do firefighters need?' If you're not experiencing this need for oil repellency, there's no worry about switching to non-PFAS gear. But firefighters need to know the non-PFAS gear will absorb oil, regardless of what those oils are."

Andrew Hall, another NC State doctoral student in fiber and polymer science and co-author on the paper, is also testing dermal absorption, or taking the aged outer shell materials and placing them on a skin surrogate for a day or two. Are outer shell chemicals absorbed in the skin surrogate after these admittedly extreme exposure durations?

"Firefighting as a job is classified as a carcinogen but it shouldn't have to be," Ormond said. "How do we make better gear for them? How do we come up with better finishes and strategies for them?



"These aren't just fabrics," Ormond said. "They are highly engineered pieces of material that aren't easily replaced."

Source: North Carolina State University, Mick Kulikowski

Toward the future of firefighter gear:

Assessing fluorinated and non-fluorinated outer shells following simulated on-the-job exposures

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Published: Nov. 30 in Journal of Industrial Textiles

DOI: 10.1177/15280837231217401

Abstract: In 2022, the occupation of firefighting was categorized as a "Group 1" carcinogen, meaning it is known to be carcinogenic to humans. The personal protective equipment that structural firefighters wear is designed to safeguard them from thermal, physical, and chemical hazards while maintaining thermo-physiological comfort. Typically, the outer layer of structural turnout gear is finished with a durable water and oil-repellent (DWR) coating based on per- and polyfluoroalkyl substances (PFAS) that helps limit exposure to water and hazardous liquids. The PFAS-based aqueous emulsion typically used in DWR finishes is highly persistent and can cause various health problems if absorbed into the body through ingestion, inhalation, and/or dermal absorption. In response, the U.S. Fire Service has begun using non-PFAS water repellants in firefighter turnout gear. This study aims to evaluate the performance of both traditional PFAS-based and alternative non-PFAS outer shell materials. The study involved exposing both PFAS-based and non-PFAS DWR outer shell materials in turnout composites to simulated job exposures (i.e., weathering, thermal exposure, and laundering) that artificially aged the materials. After exposures, samples were evaluated for repellency, durability, thermal protection, and surface chemistry analysis to determine any potential performance trade-offs that may exist. Non-PFAS outer shell fabrics were found not to be diesel/oil-repellent, posing a potential flammability hazard if exposed to diesel and subsequent flame on an emergency response. Both PFAS-based and non-PFAS sets of fabrics performed similarly in terms of thermal protective performance, tearing strength, and water repellency. The surface analysis suggests that both PFAS and non-PFAS chemistries can degrade and shed from fabrics during the aging process. The study indicates that firefighters should be educated and trained regarding the potential performance trade-offs, such as oil absorption and flammability concerns when transitioning to non-PFAS outer shell materials.